



# Max Health THERAPIES

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## CLIENT DETAILS

FIRST NAME: \_\_\_\_\_ SURNAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ P/CODE \_\_\_\_\_

PHONE-HM: \_\_\_\_\_

WORK: \_\_\_\_\_

MOBILE: \_\_\_\_\_

FAX: \_\_\_\_\_

EMAIL: \_\_\_\_\_ MARTIAL STATUS    SINGLE    MARRIED

D.O.B \_\_\_\_\_ OCCUPATION/S: \_\_\_\_\_

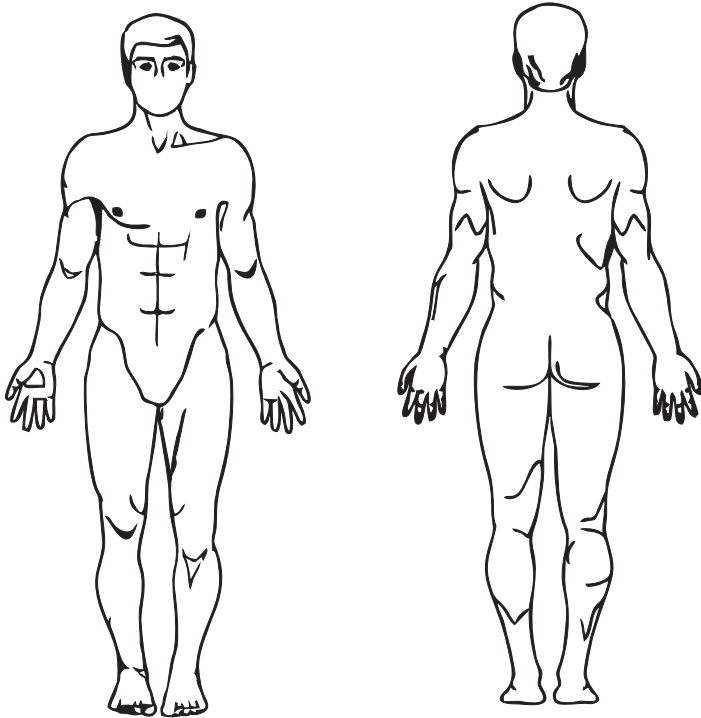
WHO RECOMMENDED YOU TO QIMAX?: \_\_\_\_\_

PLEASE NOTE: FEES ARE PAYABLE ON THE DAY OF SERVICE    HEALTH COVER    YES    NO

## HEALTH HISTORY

PLEASE CIRCLE AREAS OF MAIN CONCERN  
AND DESCRIBE YOUR SYMPTOMS

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



WHEN AND HOW DID YOUR SYMPTOMS BEGIN

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

GRADE YOUR SYMPTOMS (IF ANY) ON A SCALE OF 1 TO 10

0-----5-----10  
NIL                      MODERATE                      SEVERE

DO YOU FELL YO ARE

IMPROVING                      DETERIORATING                      STATIC

HAVE YOU CONSULTED ANY OTHER HEALTH PROFESSIONALS  
REGARDING YOUR CONDITION IN THE PAST FIVE YEARS

1. NAME: \_\_\_\_\_

REASON: \_\_\_\_\_

CONDITION: \_\_\_\_\_

2. NAME: \_\_\_\_\_

REASON: \_\_\_\_\_

CONDITION: \_\_\_\_\_

3. NAME: \_\_\_\_\_

REASON: \_\_\_\_\_

CONDITION: \_\_\_\_\_

4. NAME: \_\_\_\_\_

REASON: \_\_\_\_\_

CONDITION: \_\_\_\_\_

LIST RECENT X-RAYS AND SPECIAL TESTS.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**HEALTH HISTORY**

**DO YOU HAVE ANY KNOWN ALLERGIES? YES NO**  
**DETAILS:**

**DO YOU BRUISE EASILY OR HAVE A BLEEDING DISORDER? YES NO**  
**DETAILS:**

HAVE YOU HAD ANY MAJOR DISEASE, INCLUDING THOSE IN CHILDHOOD: YES NO

PLEASE LIST: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

LIST SIGNIFICANT FALLS , ACCIDENTS OR SURGERY  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

IS THERE A FAMILY OR SELF HISTORY OF

IMMUNE DEFICIENCY       OBESITY  
 CANCER                       HEART DISEASE  
 OSTEOPOROSIS               DIABETES  
 EATING DISORDERS         STROKE

LIST ANY MEDICATIONS AND/OR VITAMINS YOU ARE TAKING (PRESCRIPTION AND NON-PRESCRIPTION)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

IN THE PAST 2 YEARS HAVE YOU EXPERIENCED::

RECURRING FEVER       WEIGHT LOSS  
 ANXIETY/TENSION         NIGHT PAIN  
 HIGH BLOOD PRESSURE    DEPRESSION  
 FAMILY BREAK UP         JOB LOSS  
 BLACK OUTS

ARE YOU PREGNANT OR THINK YOU MAY BE?

YES       NO

**ARE YOU SUFFERING FROM ANY OF THE FOLLOWING PLEASE TICK**

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> NERVOUSNESS           | <input type="checkbox"/> CHRONIC COUGH       | <input type="checkbox"/> INDIGESTION            | <input type="checkbox"/> SEXUAL DISORDER     |
| <input type="checkbox"/> CHRONIC IRRITABILITY  | <input type="checkbox"/> ASTHMA              | <input type="checkbox"/> UCLER                  | <input type="checkbox"/> LOW BACK PAIN       |
| <input type="checkbox"/> INSOMNIA              | <input type="checkbox"/> FOOD ALLERGIES      | <input type="checkbox"/> HEART BURN             | <input type="checkbox"/> BUTTOCKS PAIN       |
| <input type="checkbox"/> SCALP ACHE            | <input type="checkbox"/> GENERAL SWELLING    | <input type="checkbox"/> MID BACK SYMPTOMS/PAIN | <input type="checkbox"/> HIP JONT STIFFNESS  |
| <input type="checkbox"/> HEAD/FACE PAIN        | <input type="checkbox"/> NECK PAIN/SYMPTOMS  | <input type="checkbox"/> RIB PAIN               | <input type="checkbox"/> LEG PAIN            |
| <input type="checkbox"/> HEAD ACHE             | <input type="checkbox"/> SHOULDER PAIN       | <input type="checkbox"/> CONSTIPATION           | <input type="checkbox"/> LEG WEAK/NUMBNESS   |
| <input type="checkbox"/> NAUSEA/VOMITING       | <input type="checkbox"/> ARM/ELBOW PAIN      | <input type="checkbox"/> DIARRHOEA              | <input type="checkbox"/> KNEE PROBLEMS       |
| <input type="checkbox"/> DIZZINESS             | <input type="checkbox"/> ARM WEAKNESS        | <input type="checkbox"/> ABNORMAL PAIN/CRAMPING | <input type="checkbox"/> CALF CRAMPING       |
| <input type="checkbox"/> LOSS OF CONCENTRATION | <input type="checkbox"/> HAND/WRIST PAIN     | <input type="checkbox"/> KIDNEY DISORDER        | <input type="checkbox"/> ANKLE SWELLING      |
| <input type="checkbox"/> EYE DISORDER          | <input type="checkbox"/> FINGER NUMBNESS     | <input type="checkbox"/> URINARY PROBLEMS       | <input type="checkbox"/> ANKLE/FOOT WEAKNESS |
| <input type="checkbox"/> SINUSITIS             | <input type="checkbox"/> BLOOD PRESSURE      | <input type="checkbox"/> MENSTRUAL DISORDERS    | <input type="checkbox"/> TOOT/TOE SYMPTOMS   |
| <input type="checkbox"/> HAY FEVER             | <input type="checkbox"/> CHEST PAIN          | <input type="checkbox"/> TESTICLE PAIN          | <input type="checkbox"/> NUMBNESS            |
| <input type="checkbox"/> LOSS OF TASTE SMELL   | <input type="checkbox"/> SHORTNESS OF BREATH | <input type="checkbox"/> IMPOTENCY              | <input type="checkbox"/> SKIN PROBLEMS       |

|  |      |      |
|--|------|------|
| FINANCIAL RESPONSIBILITY   | SIGN | DATE |
| I ACKNOWLEDGE THAT PAYMENT IS DUE ON THE DAY OF CONSULTATION _____ |      |      |